

The patient may have legal aid, free of charge, by a lawyer/attorney at law. The staff helps the patient to get in contact with a lawyer, if desired.

In personal matters, the patient has always the right to have a support person, not employed by the hospital.

Support person is appointed by The Patients' Advisory Committee (Patientnämnden):

Patientnämnden  
Box 175 35  
118 91 Stockholm

Fax: 690 67 18  
Phone: 690 67 00

Web site: [www.patientnamndenstockholm.se](http://www.patientnamndenstockholm.se)  
E-mail: [registrator@pan.sll.se](mailto:registrator@pan.sll.se)

All aspects of care according to the Act is supervised by the Health and Social Care Inspectorate, (Inspektionen för vård och omsorg, IVO).

Health and Social Care Inspectorate  
Inspektionen för vård och omsorg  
Avdelning öst  
Box 6202  
102 34 Stockholm

Phone: 010-788 50 00

Web site: [www.ivo.se](http://www.ivo.se)  
E-mail: [registrator.rts@ivo.se](mailto:registrator.rts@ivo.se)

## Patient information

# Compulsory Psychiatric Care Act (LPT)



## In Sweden, all psychiatric care is basically provided by the Health and Medical Services Act

When the patient's psychiatric disease makes voluntary care impossible, compulsory care may be given according to the Compulsory Psychiatric Care Act.

The purpose of the care is to enable the patient to voluntarily participate in the treatment he/she needs.

Compulsory care may only be given if the patient simultaneously

- suffers a serious mental disturbance and
- has an absolute need for inpatient care at a psychiatric clinic
- and
- refuses care, or cannot state a decision on the matter

In such a case, any registered doctor may issue a care certificate (vårdintyg). The patient can be detained at the clinic for 24 hours for observation, pending the decision of a specialist in psychiatry to admit according to the Act, or not.

The patient may then be treated for 4 weeks; further compulsory care requires an order from the county administrative court (Förvaltningsrätten i Stockholm).

The patient may be subjected to compulsory measures to secure the safety of the patient or others. Treatment may, as a last resort, be given in spite of the patient's refusal. The standard of care and the treatment options are the same as in voluntary care.

A patient who is treated voluntarily at a psychiatric clinic may be converted into compulsory care if the three requirements stated above are at hand, and the patient constitutes a present danger to himself or others.

A decision for care according to the Compulsory Psychiatric Care Act may be appealed to the court:

Förvaltningsrätten i Stockholm  
115 76 Stockholm

Phone: 561 680 00  
Fax: 561 680 01

E-mail: [forvaltningsrattenistockholm@dom.se](mailto:forvaltningsrattenistockholm@dom.se)  
Web site: [www.forvaltningsrattenistockholm.domstol.se](http://www.forvaltningsrattenistockholm.domstol.se)

No special formalities in wording etc are required.